Q. P. Code: C21DHWA01

(For candidates admitted from 2021 onwards)

Diploma in Health welfare Assistance
Examinations, March 2026

FUNDAMENTALS OF NURSING

Time: Three Hours Maximum: 100 marks

Section A (10 x 2 = 20 marks)
Answer all questions

1. Define Nursing.

2. Write four qualities of nurse.

3. Meaning of constipation.

4. Define passive exercise.

5. Write the normal temperature

6. List the methods of physical assessment.

7. Write any two disinfectant.

8. Write four indications for enema.

9. Meaning of dyspneoa.

10. Write any four communicable disease.

Section– B (5X6 = 30 Marks)

11. (a) Ethics in Nursing.

OR

(b) Role and responsibilities of Nurse.

12. (a) Write a note on Interpersonal Relationship.

OR

(b) Write a note on constipation.

13. (a) Write the abnormal respiration.

OR

(b) Methods of physical assessment

14. (a) Write a note on autoclaving.

OR

(b) Write a note on disinfection technique

15. (a) Write the signs and symptoms of dying patient

OR

(b) Write a note on packing of dead bodies.

Section – C (5X10 = 50 Marks)

16. (a). Define Nursing. Write the qualities of Professional Nurse.

(OR)

(b). Describe holistic approach in nursing.

17. (a). Write in detail about bed bath.

(OR)

(b) Write the importance of activity and exercise in health and sickness.

18. (a) Explain the factors influencing the respiration.

(OR)

(b). Write in detail about urine complete analysis

19. (a). Explain in detail about sterilization.

(OR)

(b) Explain the methods of using hot water bottle

20. (a). Explain the care of unconscious patient.

(OR)

(b). Explain the care of patient with dyspnoea

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Q. P. Code: C21DHWA02

(For candidates admitted from 2021 onwards)

Diploma in Health welfare Assistance
Examinations, March 2026

PAEDIATRIC NURSING

Time: Three Hours **Maximum: 100 marks**

Section A (10 x 2 = 20 marks)
Answer all questions

1. Define Vital statistics

2. Define preventive paediatrics

3. Define breast feeding

4. Define newborn

5. Define growth

6. Define puberty

7. Define infant

8. Define tonsillitis

9. Expand STD

10. Define child abuse

Section – B (5X6 = 30 Marks)

11. (a) Write a note on concept of child health care

OR

(b) Write a note on nursing process related to pediatric Nursing

12. (a) Write about soft tissue injury

OR

(b) Write a note on causes of pre term

13. (a) Write the principles of growth and development

OR

(b) Write a note on toilet training

14. (a) Write a note on care of sick child

OR

(b) Write a note on diarrhea

15. (a) Write a note on balwadi

OR

(b) Write a note on obesity.

Section– C (5X10 = 50 Marks)

16. (a). Explain role of Paediatric Nurse in child care

(OR)

(b). Explain the emerging challenges of child care in India

17. (a). Explain hyperbilirubinaemia.

(OR)

(b) Explain the care of newborn of HIV +ve mother

18. (a) Explain the growth and development of infancy period

(OR)

(b). Write the physical, physiological and reproductive changes of adolescents to puberty.

19. (a). Explain the role of health assistant in paediatric emergency

(OR)

(b) Define anorexia nervosa. Write the management of anorexia nervosa.

20. (a). Write about day care centre

(OR)

(b). Explain Juvenile Justice Act

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Q. P. Code: C21DHWA03

(For candidates admitted from 2021 onwards)

Diploma in Health welfare Assistance
Examinations, March 2026

NUTRITION

Time: Three Hours

Maximum: 100 marks

PART-A (10 x 2 = 20 marks)
Answer all questions

1. Define balanced diet

2. Write the two functions of food

3. Define sources of calcium

4. Define sources of iodine

5. Define menu

6. Define bland diet

7. Define old age

8. Define lactation

9. Define pregnancy

10. Define atherosclerosis

PART – B (5X6 = 30 Marks)

11. (a) Write the basic food groups - 3

OR

(b) Write the importance of food for health

12. (a) Write the functions of carbohydrate

OR

(b) Write vitamin – A deficiency disorder

13. (a) Write a note on hypocalcaemia

OR

(b) Write a note on hypernatremia

14. (a) Write a note on soft diet

OR

(b) Write the foods used for tube feeding

15. (a) Write a note on diet for liver disease

OR

(b) Write a note on diet for old age

PART – C (5X10 = 50 Marks)

16. (a). Prepare a balanced diet for adult.

(OR)

(b). Write the concept of food in health

17. (a). Explain the role of water in maintaining health

(OR)

(b) Explain in detail about protein

18. (a) Write the principles of menu planning

(OR)

(b). Prepare one day liquid diet for post operative patient

19. (a). Prepare menu plan for pregnancy

(OR)

(b) Prepare menu plan for cancer

20. (a). Write about diet for kidney disease

(OR)

(b). Write about diet for lactation

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Q. P. Code: C21DHWA04

(For candidates admitted from 2021 onwards)

Diploma in Health welfare Assistance
Examinations, March 2026

COMMUNITY HEALTH NURSING

Time: Three Hours

Maximum: 100 marks

PART-A (10 x 2 = 20 marks)
Answer all questions

1. Expand WHO

2. Expand UNICEF

3. Define lighting

4. Define pollution

5. Define bacteria

6. Define sterilization

7. Define Education

8. Define community health

9. Write the two purposes of home visit

10. Write the two importance of health education for community

PART – B (5X6 = 30 Marks)

11. (a) Write a note on red cross.

OR

(b) Write the functions of PHC

12. (a) Write a note on air pollution

OR

(b) Write a note on transport and disposal of excreta

13. (a) Write the classifications of microorganism

OR

(b) Write a note on hand washing

14. (a) Write a note on group education

OR

(b) Write a note on family health

15. (a) Write a note on water purification centre

OR

(b) Write a note on virus

PART – C (5X10 = 50 Marks)

16. (a). Explain health problems in India

(OR)

(b). Explain UNICEF

17. (a). Define noise pollution. Write the causes, prevention and control of noise pollution

(OR)

(b) Explain the disposal of solid and liquid waste management

18. (a) Explain disinfection methods in detail.

(OR)

(b). Explain incineration.

19. (a). Write the importance of health education in community health

(OR)

(b) Explain home visit in detail.

20. (a). Write in detail about Primary Health Centre

(OR)

(b). Explain health program in India.

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